






2010 Triathlon Canada Championships and Qualifying Events

Nat'l Championships	Location	Date	Website	Contact Name & Email
2010 Canadian Championship Events				
Olympic Distance Triathlon	Kelowna, BC	August 21-22, 2010	http://www.appletriathlon.com/	Richard Montgomery Randy Sparrow
Sprint Distance Triathlon	Kelowna, BC	August 21-22, 2010	http://www.appletriathlon.com/	Richard Montgomery Randy Sparrow
Long Distance Triathlon	Magog, QC	July 25, 2010	www.trimemphre.qc.ca	René Pomerleau 819-868-1830
Junior Triathlon	Kelowna, BC	August 21-22, 2010	http://www.appletriathlon.com/	Richard Montgomery Randy Sparrow
<i>No event is scheduled for the 2010 Duathlon, Long Distance Duathlon Nationals.</i>				
International Events	Location	Date	Website	Contact Name & Email
2010 Kelowna ITU Triathlon Pan American Premium Cup	Kelowna, BC	August 21-22, 2010	http://www.appletriathlon.com/	Richard Montgomery Randy Sparrow
2010 Coteau Du Lac Pan American Cup	Coteau Du Lac, Quebec	June 26, 2010	http://triathlon-soulanges.com/	amaclean@triathlon-soulanges.com
2010 National Junior Series				
Location	Date	Website	Contact Name & Email	
Triathlon Soulanges / CanAm Cup	Coteau Du Lac, Quebec	June 26, 2010	http://triathlon-soulanges.com/	amaclean@triathlon-soulanges.com
Junior Western Triathlon Championship	Pike Lake, Saskatchewan	July 11, 2010	Click here	
Tri Memphre / Junior Eastern Triathlon Championship	Magog, Qc	July 25, 2010	http://triathlon-soulanges.com/	René Pomerleau 819-868-1830
Canadian Junior Triathlon Championships	Kelowna, BC	August 21-22, 2010	http://www.appletriathlon.com/	Richard Montgomery Randy Sparrow
2011 World Championship Qualifiers				
Location	Date	Website	Contact Name & Email	
Triathlon				
10 spots	Kelowna, BC	August 21-22, 2010	http://www.appletriathlon.com/	Richard Montgomery Randy Sparrow
2 spot	Calgary, AB	June 19, 2010	http://chinookhalf.com/	Mike Bock
1 spot	SK	TBA		
2 spot	Cobourg, ON	August 28, 2010	Click here	Jason Vurma
2 spots	Guelph, ON	June 20, 2010	Click here	Mitch Fraser (905)562-6670
1 spot	Various locations, Quebec	July 10 & 25, August 14 & 21, 2010	www.triathlonquebec.org	Alain Patry (514)252-3121
1 spot	Fredericton, NB	July 4, 2010		Shawn Hamilton (506) 453-2079
1 spot	Jubilee Park, Bridgetown, Annapolis Valley, NS	August 1, 2010	Click here	Mike Parker 902 665-4819
1 spot	NL	TBA		
<i>*Roll-down available at all locations **Triathlon Canada has a minimum of one charity spot ***Additional spots may be available by application</i>				
Sprint Triathlon				
10 spots	Kelowna, BC	August 21-22, 2010	http://www.appletriathlon.com/	Richard Montgomery Randy Sparrow
2 spots	Ft. McMurray, AB	June 27, 2010	http://www.nltc.ca/NLTC/Home.html	Penny Wasem
1 spot	SK	TBA		
1 spot	Niagara, ON	August 8, 2010	http://www.trisportcanada.com/niagara.php	Mitch Fraser (905)562-6670
1 spot	Various locations, Quebec	June 12 & 26, July 17, August 8 & 22, 2010	www.triathlonquebec.org	Alain Patry (514)252-3121
1 spot	Beresford, NB	July 17, 2010	Click here	Patrick Hache (506) 546 6108
1 spot	Jubilee Park, Bridgetown, Annapolis Valley, NS	August 1, 2010	Click here	Mike Parker 902 665-4819
1 spot	NL	TBA		
<i>**Roll-down available at all locations **Triathlon Canada has a minimum of one charity spot ***Additional spots may be available by application</i>				
Long Distance Triathlon / Las Vegas, USA				
11 spots	Magog, QC	July 25, 2010	www.trimemphre.qc.ca	René Pomerleau 819-868-1830

1 spot	Sooke, BC	August 8, 2010	http://triserries.ca/sooke/index.php	John Botelho
2 spots	Miquelon Provincial Park, AB	August 22, 2010	http://www.multisportscanada.com/AlbertaChallenge.html	Trevor Soll
1 spot	SK	TBA		
3 spots	Bracebridge, ON	August 8, 2010	Click here	Jason Vurma
1 spot	Fredericton, NB	August 29, 2010	http://www.eastcoasttri.ca/home/	Mike Davis (506) 459 3478
1 spot	Jubilee Park, Bridgetown, Annapolis Valley, NS	August 1, 2010	Click here	Mike Parker 902 665-4819
1 spot	NL	TBA		
Duathlon / Gijon, Spain				
1 spot	BC	TBA		
4 spots	Sylvan Lake, AB	May 29, 2010	http://www.kghsprint.com/	Roger Parenteau
1 spot	SK	TBA		
3 spots	Gravenhurst, ON	July 17, 2010	Click here	Jason Vurma
1 spot	Various locations, Quebec	June 12, July 17, August 8, 14 & 22, 2010	www.triathlonquebec.org	Alain Patry (514)252-3121
1 spot	Moncton, NB	June 6, 2010	Click here	Peter Peacock (506) 864 8305
1 spot	Fredericton, NB	August 29, 2010	http://www.eastcoasttri.ca/home/	
1 spot	Lawrencetown Beach Park, NS	June 6, 2010	Click here	Paul Shaw (902)425-1756
1 spot	NL	TBA		
<i>**Roll-down available at all locations **Triathlon Canada has a minimum of one charity spot ***Additional spots may be available by application</i>				
2010 World Championships	Location	Date	Website	Contact Name & Email
Triathlon	Budapest 	September 11/12	http://budapest.triathlon.org/	
Sprint Triathlon	Budapest 	September 11/12	http://budapest.triathlon.org/	
Long Distance Triathlon	Immenstadt 	July 31 2010 - August 01 2010	http://www.triathlon.org	German Altenried info@triathlon-wm2010.com
Duathlon	Edinburgh 	September 03-05 2010	http://www.edinburghduathlon2010.com	John Muddeman johnmuddeman@britishtriathlon.org
Winter Triathlon	Eidsvoll (Oslo) 	February 13 - 14 2010	http://www.triathlon.no	Kåre J.Grotta E-Mail: karegro@online.no
<i>At this time, the ITU has not announced an event location or date for 2010 Long Distance Duathlon World Championships.</i>				
<i>Some spots for the Canadian teams travelling to World Championships may still be available. Contact Triathlon Canada (info@triathloncanada.com) for more information.</i>				